



The Mended Hearts, Inc.

SUPPORTING HEART WELLNESS TOGETHER

Wednesday
January 31st

6:30–8:00pm
YMCA at Pabst Farms
Multi-Purpose #1 room

FREE TO Y MEMBERS AND THE COMMUNITY!

Participants will learn skills
to perform effective CPR
but will not obtain an
official certification.

CPR/AED Class

Western Lakes Fire District Chief
Brad Bowen will teach a brief
Adult-only CPR/AED class with
demonstrations.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY