



SCHULTZ FAMILY YMCA

2026 FALL I & II PROGRAMS

SESSION DATES:

FALL I: August 30th - October 24th

FALL II: October 25th - December 19th

www.glcymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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Member Benefits:

At the Y, membership means more than fitness. It means you belong. As a member of the Y, you are part of the transformative work we do to strengthen community. We offer memberships that help you connect with your community and achieve your goals in a supportive environment.

Y Members also enjoy several exclusive benefits:

- **Free Group Exercise Classes and Group Cycling**
- **Preferred Program Pricing and Advanced Registration:** A wide variety of programs are available for every age and every interest.
- **Special Member Events and Activities**
- **Access to Kid's Corner Drop-Off Care**
- **YMCA App:** View schedules, participate in challenges, earn rewards and more! Click [HERE](#) for details
- **Nationwide Membership:** Nationwide Membership enables you to visit any participating YMCA in the United States with your membership at your home YMCA. Please contact the Y you will be visiting in advance to confirm their participation.

For more information visit www.glcymca.org/interest/

Y MISSION:

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



FALL I SESSION

AUGUST 30 – OCTOBER 24



FALL II SESSION

OCTOBER 25 – DECEMBER 19

The Y will be closed on Mon, September 7th for Labor Day and Thurs, November 26th for Thanksgiving

REGISTRATION DATES:

Y Member program registration is going on now for Fall I & II Sessions!

Community Participant Program Registration

- **Fall I Session:** August 12, 2026
- **Fall II Session:** October 7, 2026

CONNECT WITH US



THE SCHULTZ FAMILY YMCA
674 Johnson Street
Watertown, WI 53094



Phone:
920-262-8555



Website:
www.glcymca.org



Email:
watertownmemberservices@glcymca.org

ADULT SPORTS

TO REGISTER FOR ADULT SPORTS, [click here](#)



FALL I & II

CATEGORY	CLASS NAME	AGES	FEES M/CP	MON	TUES	WED	THURS	FRI
ADULT SPORTS	Intro to Pickleball	18+	\$40/\$60	11:00am-12:00pm		11:00am-12:00pm		
	Pickleball Skill Development	18+	\$40/\$60		11:00am-12:00pm		11:00am-12:00pm	
	Pickleball League	18+	\$20/45	If needed			5:00-9:00pm	

FALL I & II OPEN PLAY

CATEGORY	CLASS NAME	AGES	MON	TUES	WED	THURS	FRI	SAT	SUN
OPEN PLAY PICKLEBALL	Beginner	16+	11:00am-1:30pm		11:00am-1:30pm		11:00am-1:30pm	6:00-11:00am (1 Court)	
	Intermediate		9:15-1:00pm	8:00-10:45am	9:15-1:00pm	9:15-1:00pm	9:15-1:00pm	6:00-11:00am (1 Court)	10:00am-12:00pm (1 Court)
	Advanced			6:00-7:30am 10:45-1:30pm		6:00-7:30am 10:45-1:30pm	12:00-2:30pm	6:00-11:00am (1 Court)	12:00-2:00pm (1 Court)

ADULT SPORTS

INTRO TO PICKLEBALL

Advance your pickleball skills by learning the basics of pickleball, mastering the short game, or enhancing your serve. Lessons are provided by a pickleball instructor each week in a group setting or private lessons arranged with the instructor.

PICKLEBALL SKILL DEVELOPMENT

A follow-up class to our Intro to Pickleball Class. Get more detailed instruction and dive into pickleball strategy. This class will enhance and challenge your pickleball ability, with the primary focus of improving skills.

PICKLEBALL LEAGUE

Join us for our intermediate mixed doubles pickleball league that brings together players for a fun and competitive experience! The intermediate league is for players newer to the sport that are currently developing their pickleball game but still desire a level of competition.

OPEN PLAY PICKLEBALL

MEMBERSHIP BENEFIT PICKLEBALL: INCLUDED

Played with a paddle that is larger than a ping pong paddle, a wiffle ball and a court smaller than a tennis court.

ADULT WELLNESS

TO REGISTER FOR ADULT WELLNESS, click [here](#)



FALL

CATEGORY	CLASS NAME	AGE	FEES M/CP	MON	TUES	WED	THURS	FRI
SPECIALTY FITNESS	MX4 Fit (Members only)	13+	1 class - \$5 5 classes - \$25 11 classes - \$50 Unlimited monthly - \$25	10-10:30 6:00-6:30pm		10:00-10:30am 6:00-6:30pm		10:00-10:30am
	Empowering Strength		\$80/\$160 (per 8wk session)		4:00-5:00pm & 5:15-6:15pm		4:00-5:00pm & 5:15-6:15pm	
HEALTHY HABITS & NUTRITION	Weight Loss Made Simple	16+	\$40/\$80 (4 weeks)				11:30am-12:30pm (Info Meeting 8/27)	
	Accountability Club		\$15/\$30	2nd Monday of the Month 9:30-10:15am				

SPECIALTY FITNESS

MX4 FIT

This functional training class combines best-in-class training tools with workouts to help you improve cardio, power, strength and endurance, no matter your age or ability. The results-driven programming blends personalized coaching, camaraderie and challenging, progressive workouts. Located in the Functional Training Studio at the Ehlinger Center. Purchase 1, 5 or 10 classes at a time or monthly unlimited. Schedule your classes in the app or at member services. FREE "Try-it" classes are offered a couple of times per year.

EMPOWERING STRENGTH FOR WOMEN ONLY

Feel empowered as you gain confidence and strength! This female-only strength-based program will be lead by a personal trainer and will include proper lifting technique, understanding the primary exercises to gain strength and feeling confident in the weight room.

HEALTHY HABITS & NUTRITION

WEIGHT LOSS MADE SIMPLE:

Learn and practice nutrition habits to fuel your exercise and lose weight. Meet once a week with a coach and other members working towards their weight loss goals. Attend an information meeting prior to registering to learn more about the program.

ACCOUNTABILITY CLUB

Join like-minded members committed to improving their nutrition habits. Real change happens when you keep things simple and consistent.

NUTRITION & WEIGHT LOSS 1-ON-1 COACHING

Starting at \$50 member/\$80 community per month

- 1 hour initial consult – in person
- Check-in – in person or virtually

PERSONAL TRAINING: Exclusive to Members

Personal Training Packages:

(60 minutes)	(30 minutes)
3 session: \$180	3 session: \$90
6 sessions: \$330	6 sessions: \$165
10 sessions: \$500	10 sessions: \$250

Buddy Sessions: Train with a friend!

(60 minutes) Partner training costs/person
3 sessions: \$90 • 6 sessions: \$165 • 10 sessions: \$250

GROUP EXERCISE

The Y has more than 80 live group exercise classes for members each week. Check our online schedule [here](#).

Group exercise offerings include, but are not limited to:

Zumba	TRX	Strength Training	Older Adult
Pound	Cycling	Les Mills	Mind-Body

Scheduled and On-Demand options of Les Mills classes are in the Express Studio, the Fitness Studio and the Functional Studio has 3 smaller screens with On-Demand options.

For more information, see a Wellness Center Staff or reach out to dliddicoat@glcymca.org.

FALL I & II

CATEGORY	CLASS NAME	FEES M/CP	DATES
CLASSES/ WORKSHOPS	Walking Poles	Free	Friday, August 21st • 11:00am-12:00pm
	Estate Planning		Friday, September 18th • 11:00am-12:30pm
	Thriving Through the Holidays		Friday, November 20th • 11:00am-12:00pm
	Christmas Bingo		Friday, December 18th • 11:00am-12:00pm

FOREVERWELL CLASSES/WORKSHOP

WALKING POLES

Boost your walk! Trekking poles enhance your stability, work your arms, shoulders and core and help you burn more calories. Dr. Joy Cochran will teach you what kind of poles you need and how to use them.

ESTATE PLANNING

Please join us for a FREE Lunch 'n' Learn style seminar to find out what estate documents you will need, when they need to be updated and the do's and don'ts of planning for your financial future. This will include an introduction to funeral pre-planning and pre-funding. Lunch will be provided.

THRIVING THROUGH THE HOLIDAYS

Want to reduce holiday stress? Join us as we talk about ways to reduce stress and anxiety during the holidays, change mindset, and support our bodies so we can thrive during the holiday season. We will also be talking about coping with loss during this season and learning some simple strategies to maintain mental well-being.

CHRISTMAS BINGO

Join us for BINGO at the Y! We will provide the game materials and snacks, just bring yourself. Fitness staff will be present to share holiday health tips. There will be multiple chances to win a prize!

HEALTHY MINDS

TO REGISTER FOR HEALTHY MINDS, [click here](#)

FALL I & II (No classes September 7th for Labor Day or November 26th for Thanksgiving)

CATEGORY	CLASS NAME	AGE	FEES M/CP	DATE
ADULT WORKSHOPS	Anxiety Reset	18+	Free	Wednesday, September 30th • 10:30-12:00pm
	Thriving through the Holidays			Friday, November 20th • 11:00am-12:00pm
YOUTH EVENT	Strong & Confident Girls Workshop	10-14	\$5/\$10	Thursday, September 10th • 4:30-6:30pm
	Strong & Confident Boys Workshop	10-14	\$5/\$10	Thursday, September 17th • 4:30-6:30pm

ADULT WORKSHOPS

ANXIETY RESET

If you feel overwhelmed, stuck or experience anxiety, this workshop is for you. Explore ways to rest your spirit, mind and body and get practical tools and tips you can use to "reset" and calm your nervous system. A whole person approach to getting freedom from anxiety. Interactive workshop taught by Mel Kistner, Healthy Minds Program Director.

THRIVING THROUGH THE HOLIDAYS

Want to reduce holiday stress? Join us as we talk about ways to reduce stress and anxiety during the holidays, change mindset, and support our bodies so we can thrive during the Holiday season. We will also be talking about coping with loss during this season and learning some simple strategies to maintain mental well-being.

YOUTH EVENT

STRONG & CONFIDENT BOYS WORKSHOP

A high-energy workshop for boys! Start with an athletic group workout in the studio to boost strength and confidence then refuel with a yogurt parfait bar while learning simple strategies for a strong mind and healthy habits. A perfect mix of movement, nutrition, and mental fitness!

STRONG & CONFIDENT GIRLS WORKSHOP

A fun, confidence-boosting workshop just for girls! We will kick things off with a beginner-friendly group workout led by one of our group exercise instructors to get moving and energized. Afterward, we'll gather to talk about mental well-being and confidence, enjoy a healthy snack, and engage in a fun activity. This workshop is the perfect mix of movement, mindfulness, and connection — a fun way to feel strong and confident!

FALL I CLASSES & LEAGUES

CATEGORY	CLASS NAME	AGES	FEES M/CP	MON	TUES	THURS	FRI
PRESCHOOL & KINDERGARTEN	Bitty Sports of All Sorts	3-6	\$40/\$60	4:30-5:00pm			
	Bitty Baseball	3-6	\$40/\$60	5:00-5:30pm			
SCHOOL AGE SPORTS	Learn to Play Soccer	6-8	\$40/\$60		4:30-5:15pm		
	Practice & Play Soccer	8-10	\$40/\$60		5:15-6:00pm		
	Intro to Pickleball	10-14	\$40/\$60			4:00-5:00pm	
	Cross Country	8-12	\$60/\$80	Practice Day and Location to be Determined			
FALL SPORTS LEAGUES	Flag Football	5K-3rd Grade	\$50/\$70	August 24 - October 17 Practices: Once per week at local park Games: Saturday mornings at Maranatha Baptist Registration Deadline: August 1			
	Volleyball	1st-8th	\$50/\$70	September 14 - November 7 Practices: Once per week at local park Games: Saturday mornings at Schultz or YMCA at Pabst Farms Registration Deadline: September 4			

FALL II CLASSES

CATEGORY	CLASS NAME	AGES	FEES M/CP	MON	TUES	THURS	FRI
PRESCHOOL & KINDERGARTEN	Bitty Basketball	3-6	\$40/\$60	4:30-5:00pm			
	Bitty Sports of All Sorts	3-6	\$40/\$60	5:00-5:30pm			
SCHOOL AGE SPORTS	Learn to Play Volleyball	6-8	\$40/\$60		4:30-5:15pm		
	Practice & Play Volleyball	8-10	\$40/\$60		5:15-6:00pm		

PRESCHOOL & KINDERGARTEN

BITTY BASEBALL (AGES 3-6)

Boys & girls learn the fundamentals of throwing, catching, hitting, and fielding in a low-stakes setting, where having fun is the primary objective.

BITTY BASKETBALL (AGES 3-6)

Boys & girls focus on dribbling, shooting, passing, trapping and goalkeeping, where having fun is the primary objective.

BITTY SPORTS OF ALL SORTS (AGES 3-6)

Boys & girls will have a chance to try a variety of sports throughout the session, as the instructors will introduce basic fundamentals of each sport.

SCHOOL AGE SPORTS

LEARN TO PLAY SOCCER (AGES 6-8)

Participants will learn the basic concepts and fundamental skills in the same fun-filled session each week taught by a Y-instructor. A great introductory program to the sport of Soccer!

PRACTICE & PLAY SOCCER (AGES 8-10)

These are Y-instructor led skill development sessions designed to help players learn fundamental concepts of the sport. Players will expand their game play experience by applying those fundamentals in a team setting in the same fun-filled session each week. This program is for skill development only, and is a pre-cursor to more organized soccer

LEARN TO PLAY VOLLEYBALL (AGES 8-10)

This program is for skill development only, and is a pre-cursor to the volleyball league with organized games. Participants will learn the basic concepts and fundamental skills in the same fun-filled session each week taught by a Y-instructor.

PRACTICE & PLAY VOLLEYBALL (AGES 6-8)

These are Y-instructor led skill development sessions designed to help players learn fundamental concepts of the sport. Players will expand their game play experience by applying those fundamentals in a team setting in the same fun-filled session each week. This program is for skill development only, and is a pre-cursor to the volleyball league with organized games.

INTRO TO PICKLEBALL (AGES 10-14)

Participants will learn the basic concepts and fundamental skills in the same fun-filled session each week taught by a Y-instructor. There will be 30 minutes of instruction and 30 minutes of game play each session. A great introductory program to the sport of Pickleball!

CROSS COUNTRY (AGES 8-12)

Youth Cross Country is a program for kids who enjoy running and want to improve their abilities. Participants will learn proper running skills and technique while enjoying group runs on neighborhood park trails. Our program emphasizes building stamina and balance as participants learn about the importance of form and efficiency. Southwest YMCA will be hosting a meet for our athletes to participate.

Practice Day and Location to be Determined.

FALL SPORTS LEAGUES

FLAG FOOTBALL (5K-3RD GRADE)

These leagues are all about learning and growing. Building a solid foundation in a supportive environment is the focus, and all games are played with heavily modified rules designed to support the success of players as they learn about being a part of a team and get a solid grasp of the fundamental skills.

Practices held one evening per week at local parks in Watertown.

Weeknight practice days, times, and location are determined by the coach. Games held Tuesdays at Washington Park. Game times are dependent on number of teams in the league and will likely vary from week to week. For boys and girls in 5K and 1st Grade.

VOLLEYBALL (1ST-8TH GRADE)

These leagues are all about learning and growing. Building a solid foundation in a supportive environment is the focus, and designed to support the success of players as they learn about being a part of a team and get a solid grasp of the fundamental skills.

Practices held one evening per week at the Schultz Family YMCA.

Weeknight practice days and times are determined by the coach. Games held Saturdays at the Schultz Family YMCA. Game times are dependent on number of teams in the league and will likely vary from week to week. For boys and girls in 1st and 2nd Grade.

NOTE: Due to the Schultz Family YMCA Gym Closure August 17th-September 10th, this league will start 2 weeks later than normal. All practices and games will also be at the Schultz Family YMCA.

CHILDREN'S PROGRAMS

TO REGISTER FOR CHILDREN'S PROGRAMS, [click here](#)



FALL I & II

CATEGORY	CLASS NAME	AGES	FEES M/CP	DATES
ALL BY MYSELF	Parent's Night Out	5-7	\$20/\$25	Friday, September 18th 4:00-7:30pm
	Kids in the Kitchen	4-6	\$7/\$10	Saturday, October 17th 9:00-11:00am

YOUTH/TEEN

TO REGISTER FOR YOUTH/TEEN, [click here](#)

FALL I & II

CATEGORY	CLASS NAME	AGES	FEES M/CP	DATES	TIMES
EDUCATION CLASSES	Babysitting Training	11-17	\$70/\$90	September 12	9:00am-4:00pm
				October 17	
				December 5	
	Home Alone Workshop	8-10	\$45/\$75	September 22	4:30-7:30pm
				November 10	
ENRICHMENT CLASSES	Intro to 3D Printing	6-14	\$15/\$30	September 17 or November 11	4:00-5:30pm
	3D Printing & Design Club	8-14	\$75/\$100	Thursdays September 24 - December 10	4:00-5:30pm
	3D Lab Time	8-14	\$5	Tuesdays	4:00-7:00pm
SCHOOL YEAR PROGRAMS	Rooted: Growing in Faith and Community	10-14	\$15/\$30	Wed • Sept 16- Dec 16 at Riverside Middle School	2:15-3:15pm
YOUTH NIGHTS AT THE Y	Y After Hours	8-13	\$25/\$40	Saturday September 26, October 17, November 14, December 12	5:30-8:30pm

FALL I HOMESCHOOL

CATEGORY	CLASS NAME	GRADE	FEES M/CP	TUES	THURS
HOME SCHOOL	PE	K-4th	\$45/\$65	1:15-2:00pm	1:00-1:45pm
		5th-8th	\$45/\$65	2:00-2:45pm	2:00-2:45pm

CHILDREN'S PROGRAMS

KIDS IN THE KITCHEN (AGES 4-6)

In this class, children will explore simple, kid-friendly snacks through hands-on activities, easy recipes, and interactive learning. Please make sure to let us know of any food sensitivity or allergies.

PARENT'S NIGHT OUT (AGES 5-7)

Drop your kids off at The Y 4 - 7:30 pm and enjoy some quality time for yourself! Kids will enjoy fun activities and create a craft. Dinner and Drinks are included.

EDUCATION CLASSES

BABYSITTING TRAINING (AGES 11+)

After taking this class, you will have the knowledge and skills needed to be a safe, responsible, and successful babysitter.

HOME ALONE WORKSHOP (AGES 8-10)

This workshop helps build independence and confidence by teaching how to stay safe when home alone. Participants will learn safety basics, how to handle emergencies, set boundaries, and respond to strangers or unexpected situations. **Bring food/snack/drink needed to get through this class time.

SCHOOL YEAR PROGRAMS

INTRO TO 3D PRINTING

Dive into the world of 3D printing in this engaging, hands-on workshop! Young creators will unleash their imagination as they learn the fundamentals of 3D design. Participants will explore how 3D printers work, experiment with digital modeling, and watch the designs take shape! Get ready to create, innovate, and take home a 3D printed project!

3D PRINTING & DESIGN CLUB

Get ready to bring your ideas to life! In this hands-on club, participants will explore the exciting world of 3D printing and design. Using beginner-friendly software, kids will learn how to create their own digital models and watch them transform into real-life objects using a 3D printer. Along the way, they'll build skills in creativity, problem-solving, and basic engineering—all while having fun and making something totally unique! No prior experience needed—just imagination and a curiosity to create. This is a four-week class for boys and girls ages 8-14.

3D LAB TIME

Reserve your spot for Y Makers: 3D Lab Time and bring your project to life! This time is dedicated to loading up your design and getting it started on our 3D printers. Whether you're ready to print your artwork, model, or creation, this is your chance to kick off the printing process with the help of YMCA staff. Simply reserve your time, bring your digital design, and we'll assist you in setting it up for a successful print. It's all about making your ideas come to life, one layer at a time!

Perfect for young creators ready to turn their digital designs into real-world objects. Y Makers: 3D Lab Time makes it easy to reserve time, load your project, and let the printing begin!

ROOTED: GROWING IN FAITH AND COMMUNITY

Rooted is a weekly, faith-based after-school program designed specifically for middle school students who are looking for a place to belong, grow, and have fun. Hosted in the Riverside Middle School gym every Wednesday from 2:15–3:15 PM, Rooted creates a safe and welcoming space where students can explore their faith, build meaningful friendships, and enjoy a midweek break filled with food, fun, and fellowship. We want to encourage students to engage in their faith journeys with their classmates and friends, learning what it means to be a Christ-like leader and the importance of community.

YOUTH NIGHTS AT THE Y

Y AFTER HOURS

Y After Hours is a great chance to hangout at the Y after hours. Each month, there is a different theme along with planned activities, open gym, inflatable slide, video games, crafts, and more! Pizza & drinks are included.

HOMESCHOOL CLASSES

GYM

Homeschooled boys & girls will develop physical skills, build confidence and make new friends. Our classes will feature general fitness, team sports, plenty of games, and learning about bodily health/nutrition September 8th – December 17th.

SPECIAL PROGRAMS

TO REGISTER FOR SPECIAL PROGRAMS, [click here](#)



If you have not registered for programs before please contact Kathy Sheridan, Special Programs Director at ksheridan@glcymca.org or (920) 262-8555 ext 1324, prior to registering so we can learn more about the participant and their needs.

FALL

CATEGORY	CLASS NAME	AGES	FEES M/CP	FUNDED M/CP	MON	TUES	WED	THURS	FRI	SAT	DATES
FITNESS PROGRAMS	Fitness Friends	13+	\$75/\$105	\$112/\$140				6:00-7:00pm			Sept 3 - Dec 17 (No class 11/26)
SOCIAL PROGRAMS	Fun Fridays	13+	\$20/\$25	\$25/\$30					6:00-8:00pm		September 4 October 2 November 6 December 4
	Holiday Make and Take	13+	\$20/\$25							9:00-11:00am	November 21
	Dinner and A Movie	13+	\$25/\$40						5:00-8:00pm		December 18
	Service without Boundaries	21+	\$60/\$70	\$75/\$85	9:00am-3:00pm	9:00am-3:00pm	9:00am-3:00pm	9:00am-3:00pm			August 31- December 22 (No Sept 7, Nov 25 & 26)

FITNESS PROGRAMS

FITNESS FRIENDS

Lift, stretch, move! Teens and adults with intellectual and developmental disabilities learn the benefits of exercise alongside their friends. Trained staff will create and carry out programs to meet the strength, cardiovascular, and flexibility needs of the participants.

SOCIAL PROGRAMS

FUN FRIDAY

Play, laugh, dance! A night at the YMCA or pre-determined off-site location designed for individuals with intellectual and developmental disabilities. Activities will include crafts, games, gym activities and lots of fun with friends!

HOLIDAY MAKE AND TAKE

Come in and enjoy some social time, make a fun snack and a holiday craft!

DINNER AND A MOVIE

Join us for an evening of great food, good friends, and big-screen fun! Enjoy a delicious dinner followed by a featured movie in a relaxed, inclusive environment designed for everyone to participate and enjoy.

SERVICE WITHOUT BOUNDARIES

The Service without Boundaries Day Program supports adults with disabilities through weekly activities within the Y and within the community. The program provides opportunities to gain independence, make friends and make a difference in the community.

Days will be filled with physical activity, learning activities, social opportunities and daily living skills. We will also be volunteering at some local non-profit agencies and utilizing community businesses, services, and parks.

If you are interested in learning more about this program please contact Kathy Sheridan, Special Programs Director at ksheridan@glcymca.org or (920) 262-8555 ext 1324. If you would like to receive registration information please use this link www.glcymca.org/programs/10051/service-without-boundaries-day-program/#division_21152

PARTICIPANT TO STAFF RATIO:

We will maintain a 4:1 (participant: staff) ratio for all programs. If your participant requires more care than can be given in a 4:1 ratio you must make arrangements with the Special Programs Director a minimum of 2 weeks prior to the event. We cannot accommodate all 1:1 requests so please request early. Please contact Kathy Sheridan for any other accommodations necessary for participation.

USING A FUNDING SOURCE:

We do accept county and state funding (IRIS, Family Care, Children's Long-Term Support Waiver, etc.). If you are new to using a funding source or have questions please contact Jodi Dabrowski to learn more about the process.

PARTICIPANT CARE FORM:

All participants must have a participant care form on file with the Special Programs Department. You can fill out that form here: <https://fs22.formsite.com/ymca/spform/index.html>

SPIRITUAL DEVELOPMENT

TO REGISTER FOR SPIRITUAL DEVELOPMENT, [click here](#)



FALL I & II

CATEGORY	CLASS NAME	FEES	DESCRIPTION	DATES
BIBLE STUDIES	Midfield Men	Free	A new men's Bible Study will begin this fall for the Watertown community. Following the same format as the Abide women's study, this men's study will meet the first and third Wednesday of each month. Like our Pabst branch study, this is a discussion-based study and will feature a variety of Scriptural focuses. Free for the community.	1st & 3rd Wed of the month 7:00-8:00am Starting October 21st Schultz Family YMCA
	Abide: A Bible Study for Women	Free	Abide is a gathering of women in our Watertown community, designed to help women strengthen their faith in Christ through Bible study and fellowship with one another. This study is led by Jill Nelson, a Schultz Family YMCA group exercise instructor, who has a passion and a desire to see women walking confidently in their faith in Christ.	1st & 3rd Tues of the month 9:30-10:30am Schultz Family YMCA
COMMUNITY EVENTS	Love in a Shoebox: Operation Christmas Child	Free	The Y has hosted this community shoebox packing party for Operation Christmas Child for seven years. This is a fun, family event with a silent auction, games and crafts, entertainment and more. Come and pack a shoebox that will be sent around the world to children in impoverished nations, telling them of God's love.	Sunday, November 8th 11:00am - 2:00pm YMCA at Pabst Farm Gym
MISSION TRIPS	Valparaiso, Chile	\$2,600 per person	The Glacial Community YMCA will send our fourth team led by team leader, Heather Burkle, to serve alongside our YMCA Chile Coalition partner, ACJ of Valparaiso. This trip is a cross-culture exchange, giving our members an opportunity to experience the Y in South America, as well as serving their city and membership while there. Our trip will include a variety of service projects focused on the underprivileged children, youth and adults of Valparaiso and of the Jorge Williams School. The ACJ (YMCA) of Valparaiso will be our host for the week and will serve as our place of lodging, most meals, and our tour guide for sightseeing around the city, and to the capital city of Santiago. Come experience the color, the culture, and the unique vibe of this UNESCO World Heritage City. And as you do, you'll build some incredible relationships with the beautiful people of the Y. Note that this is a service-oriented trip. But in the process, you'll grow in your spirit, mind, and body as you serve others, live in community, and give of yourself to make a difference in the world.	January 22-31, 2027 Registration deadline: August 30th (Non-refundable \$500 deposit due at time of registration)